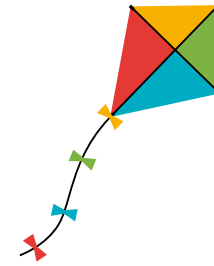




# August 2024

## ECYC Menu

### Infants & Toddlers Menu



Mon	Tue	Wed	Thu	Fri
			B = Yogurt Parfait Vegetarian = Vegetarian Nuggets L = Grilled Chicken with Quinoa S = Sun Chips (Plain) <b>1</b>	B = Cereal Vegetarian = Same L = Pizza, Three Bean Salad S = Fruit <b>2</b>
B = French Toast Vegetarian = Same L = Baked Ziti S = Cheese cubes with crackers <b>5</b>	B = Pancakes Vegetarian = Veggie Patty L = Turkey with Gravy, Mashed Potatoes S = Fruit <b>6</b>	B = Cereal L = Cheese Wrap/Grilled Cheese, Macaroni Salad S = Pretzels <b>7</b>	B = Egg and Sausage Sandwich Vegetarian = Veggie Patty L = Hamburgers S = String Cheese <b>8</b>	B = Oatmeal Vegetarian = Same L = Pizza Perogies, Vegetables S = Yogurt <b>9</b>
B = Cereal Vegetarian = Same L = Ravioli with sauce S = Oatmeal Cookies <b>12</b>	B = Egg Patty & Turkey Sausage links Vegetarian = Veggie nuggets L = Beef Tacos S = Yogurt <b>13</b>	B = Muffins L = Cheese Wrap/Grilled Cheese, Three Bean Salad S = Tortilla Chips with salsa <b>14</b>	B = Pancakes Vegetarian = Veggie Nuggets L = Chicken Nuggets with sweet potato tots S = Fruit <b>15</b>	B = Yogurt Parfait Vegetarian = Same L = Pizza, Cucumbers with ranch S = Crackers with Apple Butter <b>16</b>
B = Waffles Vegetarian = Same L = Grilled cheese sandwich S = Fruit <b>19</b>	B = Croissants Vegetarian = Same L = Spaghetti with sauce S = Carrot sticks with ranch <b>20</b>	B = Cereal Vegetarian = Same L = Sun Butter and Jelly on Bread, Potato Salad S = String Cheese <b>21</b>	B = Biscuits Vegetarian = Vegetarian burrito L = Beef Burrito S = Cucumbers with ranch <b>22</b>	B = Egg & Sausage Sandwich Vegetarian = Same L = Pizza Perogies, Vegetables S = Crackers with Sun Butter <b>23</b>
B = Bagels Vegetarian = Macaroni and Cheese L = Cheeseburger Casserole S = Fruit <b>26</b>	B = Oatmeal Vegetarian = Cheese Quesedillas L = Chicken/Cheese Quesadillas S = Vanilla Wafers <b>27</b>	B = Cereal L = Cheese wrap/Grilled Cheese, Macaroni Salad S = Pudding <b>28</b>	B = French Toast Vegetarian = Stir Fried Rice L = Chicken with Rice S = Cheese Cubes with Crackers <b>29</b>	<b>30</b>  SCHOOL CLOSED

Bread & spaghetti = Whole wheat

Pizza, French toast, and Italian Bread = Whole wheat

Milk = no BGH served at breakfast and lunch

Vegetarian = Vegetarian nuggets, Veggie patty, Macaroni & cheese, Stir fried rice

Cold cuts = 99% fat free/low sodium

S = Snack