



December 2024

ECYC Menu



Intermediate and Up Menu

Mon	Tue	Wed	Thu	Fri
2 B = Cereal, Fruit V = Same L = Pasta Alfredo, Peas, Fruit S = Animal Crackers	3 B = Egg Bites, Fruit V= Veggie Nuggets L = Fish Sticks. Tots, Veggies, Fruit S = Goldfish Pretzels	4 B = Bagels, Fruit L = Soup, Sunbutter and Jelly, Fruit S = Cheese Ritz Bitz	5 B = Cereal, Fruit V = Plant based Sloppy Joe L = Sloppy Joe, Veggie, Fruit S = Sun Chips	6 B = Waffles, Fruit V= Same L = Pizza Pierogies, Veggie, Fruit S = Cheez Itz
9 B = Cereal, Fruit V= Same L = Tortellini, Veggie, Fruit S = Carrots w/ Ranch	10 B = Muffins, Fruit V= Plant Based Chicken L = Chicken, Rice, Veggie, Fruit S = Crackers with Apple Butter	11 B = Raisin Bread, Fruit V= Cheese Sandwich L = Soup, Chicken Salad Wrap, Fruit S = Yogurt	12 B = Cereal, Fruit V=Veggie Burger L = Beef Burger, Veggie, Fruit S = Pretzels	13 B = Yogurt Parfait, Fruit V= Same L = Pizza, Veggie, Fruit S = Tortilla Chips w/ Salsa
16 B = Cereal, Fruit V= Same L = Ravioli, Veggie, Fruit S = Oatmeal Cookies	17 B = Oatmeal, Fruit V= Plant Based Stew L = Beef Stew, Brown Rice, Veggie S = Graham Crackers	18 B = Bagels, Fruit V= Cheese Sandwich L = Soup, Tuna Wrap, Fruit S = Applesauce	19 B = Cereal, Fruit V = Veggie Tender L = Chicken Tender, Veggie, Fruit S = String Cheese and Crackers	20 B = Egg and Turkey Sausage V= Same L = Pizza Perogies, Veggie, Fruit S = Goldfish
23 B = Cereal, Fruit V = Mac and Cheese L = Cheeseburger Casserole, Veggie, Fruit S = Vanilla Pudding	24 SCHOOL CLOSED	25 SCHOOL CLOSED	26 B = Cereal, Fruit V= Cheese Sandwich L = Turkey and Cheese Wrap, Veggie, Fruit S = Sun Chips	27 B = Raisin Bread, Fruit V= Same L = Pizza, Veggie, Fruit S = Cheese Ritz Bitz
30 B = Cereal, Fruit V= Same L = Spaghetti w/ Sauce, Bread, Veggie, Fruit S = Fig Newtons	31 B = Bagels, Fruit V= Veggie Nuggets L = Chicken Nuggets, Veggie, Fruit S = Goldfish Pretzels			