



March 2025

ECYC Menu



Infants and Toddlers Menu

Mon	Tue	Wed	Thu	Fri
3 B= Cereal, Fruit V=Same L=Mac and Cheese, Veggie, Fruit S= Granola Crisps	4 B= French Toast, Fruit V= Plant Based Chicken/Rice L= Chicken/Rice, Veggie, Fruit S= Apple Butter/Crackers	5 B= Bagels, Fruit L= Grilled Cheese, Soup S= Goldfish	6 B = Cereal, Fruit V = Plant Based Sloppy Joes L = Sloppy Joes, Veggie, Fruit S = Toddlers: Craisins Infants: Crackers	7 B = Oatmeal, Fruit V= Same L = Pizza Pierogies, Veggie, Fruit S = Blueberry Oat Bars
10 B = Cereal, Fruit V= Same L = Baked Ziti, Veggie, Fruit S = Veggie Crackers	11 B = Yogurt Parfait, Fruit V= Veggie Burger L = Beef Burger, Veggie, Fruit S = Applesauce	12 B = Raisin Bread, Fruit L = Grilled Cheese, Soup S = Cheddar Cheese w/ Crackers	13 B = Cereal, Fruit V=Plant Based Chicken Tenders L = Chicken Tenders, Veggie, Fruit S = Fig Newtons	14 B = Egg Bites, Fruit V= Same L = Pizza, Veggie, Fruit S = Yogurt
17 B = Cereal, Fruit V= Same L = Spaghetti, Sauce, Veggie, Fruit S = Fruit	18 B = Egg w/ Turkey Sausage V= Cheese Quesadilla L = Chicken Quesadilla, Plantains, Fruit S = String Cheese/ Crackers	19 B = Biscuits L = Grilled Cheese, Soup, Fruit S = Cheddar Bunnies	20 B = Cereal, Fruit V = Plant Based Meatball Sub L = Meatball Sub, Veggie, Fruit S = Toddlers: Craisins Infants: Crackers	21 B = Oatmeal, Fruit V= Same L = Pizza Perogies, Veggie, Fruit S = Apple Oat Bars
24 B= Cereal, Fruit V= Same L= Tortellini, Veggie, Fruit S= Sunbutter w/ Crackers	25 B = Egg Bites, Fruit V= Same L = Fish Sticks, Tots, Veggie, Fruit S = Yogurt	26 B = Yogurt Parfait, Fruit L= Grilled Cheese, Soup S = Cinnamon Crisps	27 B = Cereal, Fruit V= Plant Chicken Nuggets L = Chicken Nuggets, Veggie, Fruit S = Cheddar Cheese w/ Crackers	28 B = Bagels, Fruit V= Same L = Pizza, Veggie, Fruit S = Pudding
31 B= Cereal, Fruit V= Same L= Ravioli, Veggie, Fruit S= No Nut Granola Snacks				

Bread & spaghetti = Whole wheat

Pizza, French toast, and Italian Bread = Whole wheat

Milk = no BGH served at breakfast and lunch

Vegetarian = Vegetarian nuggets, Veggie patty, Macaroni & cheese, Stir fried rice

Cold cuts = 99% fat free/low sodium

S = Snack