



June 2025

ECYC Menu



Infants and Toddlers Menu

Mon	Tue	Wed	Thu	Fri
2 B = Cereal, Fruit V= Same L = Baked Ziti, Veggie, Fruit S = Sunbutter and Crackers	3 B = Pancakes, Fruit V= Plant Based Chicken L = BBQ Chicken w/ Tots, Veggie, Fruit S=Goldfish	4 B = Egg Patty w/ Turkey Sausage, Fruit V= Plant Based Casserole L = Cheeseburger Casserole, Veggie, Fruit S = Crackers or Animal Crackers	5 B = Muffins, Fruit L = Sunbutter and Jelly, Veggie, Fruit S = Fruit or Granola Crisps	6 B = Cereal, Fruit V= Veggie Burger L = Fish Sandwich, Veggie, Fruit S = Oat Bars
9 B = Cereal, Fruit V= Same L = Spaghetti w/ Sauce, Bread, Veggie, Fruit S = Graham Crackers	10 B = Potato Pancakes, Fruit V= Veggie Patty L = Chicken Patty, Veggie, Fruit S=Yogurt or Pudding	11 B = French Toast Stix, Fruit V= Plant Based Burrito L = Beef Burrito, Plantains, Fruit S = Fig Newtons	12 B = Bagels, Fruit V= Same L = Grilled Cheese Sandwich, Veggie, Fruit S = Crackers or Craisins	13 B = Cereal, Fruit V= Same L = Pizza Pierogies, Veggie, Fruit S = String Cheese w/ Crackers
16 B = Cereal, Fruit V= Same L = Tortellini, Veggie, Fruit S = Graham Crackers	17 B = Apple Pancakes, Fruit V= Plant Based Chicken L = Chicken Tender, Veggie, Fruit S = Apple Butter w/ Crackers	18 B = Grits, Fruit V= Plant Based Meatballs L = Meatball Sub, Veggie, Fruit S = Yogurt	19 SCHOOL CLOSED	20 B = Cereal, Fruit V= Same L = Pizza, Veggie, Fruit S = Fruit or Cinnamon Crisps
23 B= Cereal, Fruit V= Same L= Pasta w/ Alfredo, Peas, Fruit S= Cheddar Cheese w/ Crackers	24 B = Waffles, Fruit V= Plant Based Chicken L = Chicken Nuggets, Veggie, Fruit S = Applesauce	25 B = 3 Cheese Egg Bites, Fruit L= Salisbury Steak, Mashed Potato, Veggie, Fruit S = Ice Cream or Yogurt	26 B = Raisin Bread, Fruit L = Grilled Cheese, Veggie, Fruit S=Hummus w/ Crackers	27 B = Cereal, Fruit V= Veggie Burger L = Fish Sandwich, Veggie, Fruit S = Goldfish
30 B= Cereal, Fruit V= Same L= Mac and Cheese, Fruit S= Crackers or Granola Crisps				

Bread & spaghetti = Whole wheat

Pizza, French toast, and Italian Bread = Whole wheat

Milk = no BGH served at breakfast and lunch

Vegetarian = Vegetarian nuggets, Veggie patty, Macaroni & cheese, Stir fried rice

Cold cuts = 99% fat free/low sodium

S = Snack