



# June 2025

## ECYC Menu



### Intermediate and Up Menu

Mon	Tue	Wed	Thu	Fri
<b>2</b> B = Cereal, Fruit V= Same L = Baked Ziti, Veggie, Fruit S = Sunbutter and Crackers	<b>3</b> B = Pancakes, Fruit V= Plant Based Chicken L = BBQ Chicken w/ Tots, Veggie, Fruit S=Goldfish	<b>4</b> B = Egg Patty w/ Turkey Sausage, Fruit V= Plant Based Casserole L = Cheeseburger Casserole, Veggie, Fruit S = Animal Crackers	<b>5</b> B = Muffins, Fruit L = Sunbutter and Jelly, Veggie, Fruit S = Granola Crisps	<b>6</b> B = Cereal, Fruit V= Veggie Burger L = Fish Sandwich, Veggie, Fruit S = Oat Bars
<b>9</b> B = Cereal, Fruit V= Same L = Spaghetti w/ Sauce, Bread, Veggie, Fruit S = Graham Crackers	<b>10</b> B = Potato Pancakes, Fruit V= Veggie Patty L = Chicken Patty, Veggie, Fruit S=Pudding	<b>11</b> B = French Toast Stix, Fruit V= Plant Based Burrito L = Beef Burrito, Plantains, Fruit S = Fig Newtons	<b>12</b> B = Bagels, Fruit V= Cheese Wrap L = Turkey Wrap, Veggie, Fruit S = Craisins	<b>13</b> B = Cereal, Fruit V= Same L = Pizza Pierogies, Veggie, Fruit S = String Cheese w/ Crackers
<b>16</b> B = Cereal, Fruit V= Same L = Tortellini, Veggie, Fruit S = Cheddar Bunnies	<b>17</b> B = Apple Pancakes, Fruit V= Plant Based Chicken L = Chicken Tender, Veggie, Fruit S = Apple Butter w/ Crackers	<b>18</b> B = Grits, Fruit V= Plant Based Meatballs L = Meatball Sub, Veggie, Fruit S = Yogurt	<b>19</b> SCHOOL CLOSED	<b>20</b> B = Cereal, Fruit V= Same L = Pizza, Veggie, Fruit S = Cinnamon Crisps
<b>23</b> B= Cereal, Fruit V= Same L= Pasta w/ Alfredo, Peas, Fruit S= Cheddar Cheese w/ Crackers	<b>24</b> B = Waffles, Fruit V= Plant Based Chicken L = Chicken Nuggets, Veggie, Fruit S = Applesauce	<b>25</b> B = 3 Cheese Egg Bites, Fruit L= Salisbury Steak, Mashed Potato, Veggie, Fruit S = Ice Cream	<b>26</b> B = Raisin Bread, Fruit V= Cheese Wrap L = Tuna Wrap, Veggie, Fruit S =Hummus w/ Crackers	<b>27</b> B = Cereal, Fruit V= Veggie Burger L = Fish Sandwich, Veggie, Fruit S = Goldfish
<b>30</b> B= Cereal, Fruit V= Same L= Mac and Cheese, Fruit S= Granola Crisps				

Bread & spaghetti = Whole wheat

Pizza, French toast, and Italian Bread = Whole wheat

Milk = no BGH served at breakfast and lunch

Vegetarian = Vegetarian nuggets, Veggie patty, Macaroni & cheese, Stir fried rice

Cold cuts = 99% fat free/low sodium

S = Snack