



May 2025

ECYC Menu

Infants and Toddlers Menu



Mon	Tue	Wed	Thu	Fri
			1 B = Oatmeal, Fruit L = Grilled Cheese, Veggie, Fruit S = Cheddar Cheese w/ Crackers	2 B = Cereal, Fruit V= Same L = Pizza Pierogies, Veggie, Fruit S = Crackers
5 B = Cereal, Fruit V= Same L = Tortellini, Veggie, Fruit S = Sunbutter and Crackers	6 B = Egg Bites, Fruit V= Veggie Burger L = Hamburger, Veggie, Fruit S =Oat Bar	7 B = Muffins, Fruit V= Plant Based Nuggets L = Chicken Nuggets, Veggie, Fruit S = String Cheese and Crackers	8 B = Bagels, Fruit V= Same L = Sunbutter, Jelly, Veggie, Fruit S = Yogurt	9 B = Cereal, Fruit V= Same L = Pizza, Veggie, Fruit S = Goldfish
12 B = Cereal, Fruit V= Same L = Ravioli, Veggie, Fruit S = Granola Crisps/Crackers	13 B = Apple Pancakes, Fruit V= Plant Based Taco L = Taco, Veggie topping, Plantains, Fruit S = Fig Newtons	14 B = Grits, Fruit V= Plant Based Chicken L = Chicken w/Gravy, Rice, Veggie, Fruit S = Apple Butter w/ Crackers	15 B = Yogurt Parfait L = Grilled Cheese, Veggie, Fruit S = Oat Bars	16 B = Cereal, Fruit V= Same L = Fish Sandwich, Veggie, Fruit S = Graham Crackers
19 B= Cereal, Fruit V= Same L= Pasta w/ Alfredo, Veggie, Fruit S= Pudding	20 B = Waffles, Fruit V= Vegetarian Chili L = Turkey Chili, Rice, Veggie, Fruit S = Fig Newtons	21 B = Egg Bites, Fruit V= Plant Based Sloppy Joe L= Sloppy Joes, Veggie, Fruit S = Fruit	22 B = Raisin Bread, Fruit L = Grilled Cheese, Veggie, Fruit S = String Cheese w/ Crackers	23 B = Cereal, Fruit V= Same L = Pizza Pierogies, Veggie, Fruit S = Apple Butter w/ Crackers
26 CLOSED	27 B= Cereal, Fruit V= Same L= Mac and Cheese, Veggie, Fruit S= Yogurt	28 B= Oatmeal V= Cheese Quesadilla L= Chicken Quesadilla, Veggie, Fruit S= Cinnamon Crisps/Crackers	29 B= Biscuits, Fruit L= Grilled Cheese, Veggie, Fruit S= Cheddar Cheese & Crackers	30 B= Cereal, Fruit V= Same L= Pizza, Veggie, Fruit S= Applesauce

Bread & spaghetti = Whole wheat

Pizza, French toast, and Italian Bread = Whole wheat

Milk = no BGH served at breakfast and lunch

Vegetarian = Vegetarian nuggets, Veggie patty, Macaroni & cheese, Stir fried rice

Cold cuts = 99% fat free/low sodium

S = Snack