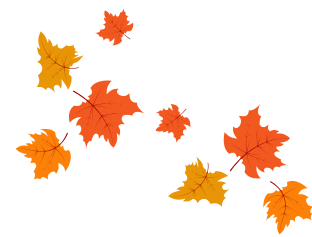




October 2025

ECYC Menu

Infants & Toddlers Menu



Mon	Tue	Wed	Thu	Fri
		B = Oatmeal, Fruit V= Veggie Burger L = Burgers, Tots, Veggie, Fruit S = Fig Newtons 1	B = Yogurt Parfait, Fruit L = Grilled Cheese, Veggie, Fruit S = Oat Bars 2	B = Cereal, Fruit V= Same L = Pizza Pierogies, Veggie, Fruit S =Graham Crackers w/ Cream Cheese 3
B = Cereal, Fruit V= Same L = Baked Ziti, Veggie, Fruit S = Lorna Doones 6	B = French Toast Stix, Fruit V= PB Chicken L =Chicken Tenders, Yams, Fruit S =Craisins (Tod) or Fruit (Inf) 7	B = Biscuits, Fruit V= PB Meatballs L = Meatball Sub, Veggie, Fruit S = String Cheese w/ Crackers 8	B = Bagels, Fruit V= Same L = Sunbutter w/ Jelly, Veggie, Fruit S = Yogurt 9	B = Cereal, Fruit V= Veggie Burger L = Fish Sandwich, Veggie, Fruit S = Apple Butter w/ Crackers 10
B = Cereal, Fruit V= Same L = Mac and Cheese, Veggie, Fruit S = Cheddar Bunny Crackers (Tod), Graham Crackers (Inf) 13	B = Pancakes, Fruit V= PB Chicken L = Chicken w/ Gravy, Rice, Veggie, Fruit S = Veggie Crisps (Tod), Fruit (Inf) 14	B = Egg Bites, Fruit V= PB Meat and Cheese Casserole L = Cheeseburger Casserole, Veggie, Fruit S = Cheddar Cheese Crackers 15	B = Muffins, Fruit L = Grilled Cheese, Veggie, Fruit S = Applesauce 16	B = Cereal, Fruit V= Same L = Pizza, Veggie, Fruit S = Goldfish or Crackers 17
B= Cereal, Fruit V= Same L= Spaghetti, Bread, Veggie, Fruit S= Cinnamon Crisps (Tod), Fruit (Inf) 20	B = Waffle Stix, Fruit V= PB Chicken L = Chicken Nuggets, Veggie, Fruit S = Sunbutter w/ Crackers 21	B = Egg Patty w/ Turkey Sausage, Fruit V= PB Meatballs L= Salisbury Steak, Mashed Potatoes, Veggie, Fruit S = Rainbow Sherbert (Tod), Yogurt (Inf) 22	B = Raisin Bread, Fruit L = Grilled Cheese, Veggies, Fruit S =Animal Crackers 23	B = Cereal, Fruit V= Same L = Pizza Pierogies, Veggie, Fruit S = Pudding (Tod), Fruit (Inf) 24
B= Cereal, Fruit V= Same L= Tortellini, Veggie, Fruit S= Fig Newtons 27	B= Apple Pancakes, Fruit V= Cheese Quesadilla L= Chicken Quesadilla, Plantains, Fruit S= Oat Bars 28	B= Grits, Fruit V= PB Sloppy Joes L= Sloppy Joes, Veggie, Fruit S= Graham Crackers w/ Cream Cheese 29	B= Yogurt Parfait, Fruit L= Grilled Cheese, Veggie, Fruit S= Lorna Doones 30	B= Cereal, Fruit V= Veggie Burger L= Fish Sandwich, Veggie, Fruit S= Craisins (Tod), Crackers (Inf) 31

Bread & spaghetti = Whole wheat

Pizza, French toast, and Italian Bread = Whole wheat

Milk = no BGH served at breakfast and lunch

Vegetarian = Vegetarian nuggets, Veggie patty, Macaroni & cheese, Stir fried rice

Cold cuts = 99% fat free/low sodium

S = Snack