



February 2026

ECYC Menu



Intermediate & Up Menu

Mon	Tue	Wed	Thu	Fri
2 B = Cereal, Fruit V = Same L = Ravioli, Veggie, Fruit S = Veggie Crisps	3 B = Waffles, Fruit V = Veggie Soup L = Chicken Noodle Soup, Turkey Wrap S = Craisins	4 B = Oatmeal, Fruit V = PB Chicken L = Teriyaki Chicken, Rice, Veggie, Fruit S = String Cheese w/Crackers	5 B = Yogurt Parfait, Fruit V = PB Sloppy Joe L = Sloppy Joes, Veggie, Fruit S = Apple Butter w/Crackers	6 B = Cereal, Fruit V = Same L = Calzone, Veggie, Fruit S = Cheddar Bunnies
9 B = Cereal, Fruit V = Same L = Pasta Alfredo, Veggie, Fruit S = Yogurt	10 B = Egg Bites, Fruit V = Same L = Tomato Soup w/Rice, Grilled Cheese S = Cheddar Cheese w/Crackers	11 B = Apple Pancakes, Fruit V = PB Chicken L = Chicken Parm, Veggie, Fruit S = Applesauce	12 B = Croissants, Fruit V = PB Chicken Nuggets L = Chicken Nuggets, Veggie, Fruit S = Rainbow Sherbert	13 B = Cereal, Fruit V = Same L = Pizza, Veggie, Fruit S = Goldfish
16 SCHOOL CLOSED	17 B = Cereal, Fruit V = Veggie Soup L = Beef Soup, Turkey Wrap, Fruit S = Granola Crisps	18 B = French Toast, Fruit V = PB Beef Casserole L = Cheeseburger Casserole, Veggie, Fruit S = Sunbutter w/Crackers	19 B = Raisin Bread, Fruit V = PB Chicken Patty L = Chicken Patty Sandwich, Veggie, Fruit S = Ice Cream	20 B = Cereal, Fruit V = Same L = Fish Sticks, Veggie, Fruit S = Animal Crackers
23 B = Cereal, Fruit V = Same L = Mac & Cheese, Veggie, Fruit S = Pudding	24 B = Egg Patty w/Turkey Sausage, Fruit V = Same L = Soup, Sunbutter & Jelly, Fruit S = Cinnamon Crisps	25 B = Grits, Fruit V = Vegetarian Chili L = Turkey Chili, Rice, Veggie, Fruit S = Fig Newtons	26 B = Bagels, Fruit V = PB Chicken L = Chicken Tenders, Veggie, Fruit S = Graham Crackers w/Cream Cheese	27 B = Cereal, Fruit V = Same L = Calzone, Veggie, Fruit S = Lorna Doones

S = Snack

B = Breakfast

L = Lunch

Pizza, French Toast, & Italian Bread = Whole Wheat

Bread & Spaghetti = Whole Wheat

V = Vegetarian (Plant-based Nuggets/Patty & Cheese/Sun Butter Sandwich)

Milk = no BGH served at breakfast and lunch

PB = Plant-Based

Cold cuts = 99% fat free/low sodium