



September 2026

ECYC Menu

Intermediate & Up



Mon	Tue	Wed	Thu	Fri
7 SCHOOL CLOSED	8 B = Cereal, Fruit V = Same L = Pasta Alfredo, Veggie, Fruit S = Applesauce	9 B = Biscuits, Fruit V = PB Chicken L = Chicken Fajita, Peppers & Onions, Fruit S = Sun Butter & Crackers	10 B = Muffins, Fruit V = Cheese Wrap L = Turkey Wrap, Pasta Salad, Fruit S = Animal Crackers	11 B = Cereal, Fruit V = PB Stix L = Fish Stix, Dinner Roll, Veggie S = Goldfish Pretzels
14 B = Cereal, Fruit V = Same L = Ravioli, Veggie, Fruit S = Cheddar Cheese & Crackers	15 B = French Toast, Fruit V = PB Sloppy Joes L = Sloppy Joes, Tots, Fruit S = Fig Newtons	16 B = Egg Bites, Fruit V = PB Chicken Parm L = Chicken Parm, Veggie, Fruit S = Ice Cream	17 B = Bagels, Fruit V = Grilled Cheese L = Home-Made Chicken Salad, Macaroni Salad, Fruit S = Graham Crackers w/Cream Cheese	18 B = Cereal, Fruit V = Same L = Pizza, Veggie, Fruit S = Yogurt
21 B = Cereal, Fruit V = Same L = Mac & Cheese, Veggie, Fruit S = Lorna Doones	22 B = Waffles, Fruit V = PB Nuggets L = Chicken Nuggets, Veggie, Fruit S = Craisins	23 B = Breakfast Nuggets (Pork, Egg, & Cheese) V = Veggie Burger L = Burger, Tots, Veggie S = Apple Butter & Crackers	24 B = Croissants, Fruit V = Cheese Wrap L = Turkey Wrap, Potato Salad, Fruit S = Oat Bars	25 B = Cereal, Fruit V = Same L = Calzone, Veggie, Fruit S = String Cheese & Crackers
28 B = Cereal, Fruit V = Same L = Tortellini, Veggie, Fruit S = Goldfish	29 B = Pancakes, Fruit V = PB Tenders L = Chicken Tenders, Veggie, Fruit S = Applesauce	30 B = Egg Patty & Sausage, Fruit V = PB Burrito L = Beef & Bean Burrito, Fruit S = Rainbow Sherbert		